New Jersey Association for the Treatment of Sexual Abusers (ATSA)
In Conjunction with New York State ATSA

How to Develop Effective Internet Safety Plans with Clients Who Have Sexually Abused

Jennifer Cinicolo, LMHC-D, ATSA-F, Assistant Director, and
Daniel Gouker, LCSW, Clinician, Empire State Forensics

Live Online Webinar
Friday December 4, 2026
8:30am – 12:30pm

Abstract:

Safety planning for internet use has become a central component of community supervision for many justice-involved clients and an increasingly important area of collaboration among multidisciplinary professionals. Historically, clients with sexual offense histories were often prohibited from any internet access. However, as the internet has evolved into an essential source of communication, education, employment, and community resources, professionals and clients alike must adopt more nuanced and sophisticated approaches to internet use and risk management.

In this training, presenters offer practical, clinically grounded guidance for constructing effective and individualized internet safety and wellness plans. Emphasis is placed on engaging clients in meaningful conversations about the safety planning process and using internet safety planning as a therapeutic intervention rather than a compliance-driven checklist. Participants will explore how to clarify the purpose and scope of a safety plan, identify which aspects of internet use pose risk for different clients, and understand how these risks interact with other dynamic risk factors in a client's life.

The session will address the essential components of an effective internet safety plan, including consideration of cultural factors and individual strengths. Presenters will also examine how clients can be supported in navigating sexually suggestive digital and social media environments, with attention to the subconscious influence these platforms may have on thoughts, emotions, and behavior.

Despite the growing need for thoughtful internet safety planning, few practical resources exist to guide professionals in this work. When implemented effectively, individualized internet safety plans can increase client accountability, enhance protection for both clients and others, strengthen clients' ability to anticipate and manage internet-related challenges, improve digital literacy, and expand access to necessary community resources. This session highlights strategies for moving beyond rigid, rule-based plans toward collaborative, meaningful safety planning that supports stability, responsibility, and long-term risk reduction.

Training Goals and Objectives

1. Describe how to initiate and conduct collaborative conversations with clients to prepare for effective internet safety planning.
2. Identify the essential components of an internet safety plan and explain how internet safety planning supports client stability and risk reduction.
3. Guide clients in navigating sexually suggestive digital and social media environments and analyze the potential subconscious influence of these platforms on thoughts, emotions, and behaviors.

Fees (check payment and CEU/CE choices):

□ NJ/NY ATSA Member Registration Fee $0

□ NJ/NY ATSA Member Social Work CEU fee (3 clinical hours) $30

□ NJ/NY ATSA Member Psychology CE Certificate (3 Domestic Violence hours) $30

□ NJ/NY ATSA Member **NYS approved** Social Work/Psychologist/LMHC/LMFT CE Certificate $30

□ Non-member Registration Fee $5

□ Non-Member Social Work CEU fee (4 clinical hours) $60

□ Non-Member Psychology CE Certificate (4 DV hours) $60

□ Non-Member **NYS approved** Social Work/Psychologist/LMHC/LMFT CE Certificate $60

Total of payment enclosed $_____ □ online payment □ check

Pay online at njatsa.org before 12/4/26 at noon

Or by check to NJATSA, c/o Marty Krupnick, 83 West Main Street Freehold, New Jersey 07728

New Jersey Association for the Treatment of Sexual Abusers, Inc.

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NJATSA Online TRAINING
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Name: _____Agency:_____

Address:_____

Phone:_____

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Check if attendance certificate needed_____

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CREDITS
3 CE Hours for Psychologists
Instructional level: Introductory

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This course, How to Develop Effective Internet Safety Plans with Clients Who Have Sexually Abused, Approval#10212026-343, NJATSA is approved for continuing education by the New Jersey Social Work Continuing Education Approval Collaborative, which is administered by NASW-NJ. CE Approval Collaborative Approval Period: Wednesday, October 28, 2026 through August 31, 2028. New Jersey social workers will receive 3 clinical CE credits for participating in this course

The University at Buffalo School of Social Work Office of Continuing Education is recognized by the New York State Education Department's Boards as an approved provider of continuing education for licensed social workers #SW-0001; licensed mental health counselors #MHC-0008; licensed marriage and family therapists #MFT-0007; licensed creative art therapists #CAT0003; and licensed psychologists #PSY-0062. 3.0 contact hours are approved. Full attendance is required; no partial credit will be awarded for partial attendance.

Complaints and/or grievances can be shared in writing on the evaluation form distributed toward the end of the day. Attendees can also approach the registration table to share complaints and/or grievances. Furthermore, complaints and/or grievances can be forwarded to the NJATSA Board of Trustees care of the NJATSA email address: njatsa@gmail.com.
Attendees can also forward complaints and/or grievances to 83 West Main Street, Freehold, NJ 07728.

Requests for refunds should be submitted to the Treasurer and should be done 30 days prior to the training.
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